



Hildebrand Family
Self-Help Center, inc.

September 6, 2011

To: Families First

We would like to express our gratitude for the parenting workshop, Positive Parenting in a Shelter Environment, Families First presented for Spanish speaking Hildebrand shelter residents in mid-August. The two part workshop presented the clients with suggestions about communicating with their children in order to aid them in managing challenging behaviors. The workshop also incorporated clients' experiences as both children and parents. Further, the workshop served as a wonderful bonding experience for the parents that attended and helped create a sense of community among them.

For over 25 years, the mission of the Hildebrand Self-Help Center has focused on providing homeless families with the tools to break the cycle of homeless and become self-sufficient. Families First's Positive Parenting workshop provided our clients with critical skills they will be able to use even after they leave the shelter system. The agency is lucky to be able to partner with Families First in helping our clients move toward future success.

The feedback we received from parents who attended the workshop was wonderful. Our clients reported it was extremely beneficial that the facilitator of the training came from a similar cultural background, as it allowed her to better understand their views and experiences. They also reported that the workshop facilitator, Milly Arbaje-Thomas, was informative, compassionate, caring, and understanding. They stated that Milly created an atmosphere in which they felt comfortable and supported and in which there was no judgment. Finally, they found the strategies they learned in the workshop helpful and effective.

I am pleased that Hildebrand has been able to renew our partnership with Families First for another year and look forward to continuing this partnership in the future. On behalf of the Hildebrand staff and our clients, thank you again for providing the Positive Parenting workshop!

Sincerely,

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